

DID YOU KNOW?

Facts About Marijuana Use

- Cannabis, another name of marijuana, slows reaction time, impairs motor coordination and concentration.
- Marijuana is illegal in Canada for persons under the age of 19.
- Marijuana can be addictive (Centre for Addiction and Mental Health – Canada).
- Marijuana contains more than 400 chemicals including some of the same cancer causing substances found in tobacco.
- Marijuana use can be harmful to brain development and the brain does not stop developing until around age 25
- Marijuana users have an increased risk of cancer.

Health Effects of Marijuana Use

- Smoking marijuana causes breathing problems.
- Marijuana users have more colds and upper respiratory problems.
- Marijuana affects your brain and body. Examples are:
 - Short-term memory loss.
 - Loss of the ability to concentrate.
 - Slows coordination and reflexes.
 - Affects your ability to judge distance, speed and reaction time – these are important when playing sports or riding a bike.

MARIJUANA FILL IN THE BLANKS

1. Marijuana users have an increased risk of _____.
2. Marijuana smokers have more _____ and upper respiratory problems.
3. Marijuana is _____ in Canada for persons under the age of _____.
4. Marijuana contains some of the same _____ causing substances found in tobacco.
5. Marijuana causes _____ problems.
6. Marijuana affects your _____ and _____.
7. Marijuana can cause short-term _____ and the loss of the ability to _____.
8. Marijuana can be harmful to brain development and the _____ does not stop developing until around _____ years of age.
9. Marijuana can be _____.